

# RELATIONSHIP BETWEEN NURSE CARING BEHAVIOR AND SPIRITUAL NEEDS OF INPATIENTS AT SYAFIRA HOSPITAL PEKANBARU, RIAU PROVINCE IN 2020

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## ***Abstract***

*A nurse in facilitating the needs of patients towards the implementation of religion, nurses need to know about the spiritual needs of patients. Patients in terminal conditions, nurses facilitate to meet the spiritual needs of patients for example by asking anyone who wants to be brought to meet with clients and discussed with his family. The population is 150 hospitalized patients and the sample is Purposive Sampling. The research instrument was a questionnaire sheet. The types of data are primary data, data collection includes editing, coding, scoring and tabulating. Data analysis uses univariate and bivariate. Univariate results found that most respondents in the caring behavior category were less, and in the category of fulfilling a good patient's spiritual needs that. Bivariate results obtained there is a relationship between nurses caring behavior with the fulfillment of the spiritual needs of class III inpatients at Syafira Hospital Pekanbaru, with a p value = 0.001 < 0.05. It is expected that Syafira Hospital can improve training for nurses in hospitals, especially in implementing caring to increase spiritual needs of patients.*

**Keywords** : *Caring Caring Behavior By Meeting the Spiritual Needs of Patients*

## **1. INTRODUCTION**

Nurse is a profession that requires patience and calmness in providing care to patients. For this reason, every nurse is required to pay attention to others, have intellectual, technical and interpersonal skills that are reflected in caring or affectionate behavior. Caring in nursing is very important for growth and development, improving and improving the condition or way of life of humans (Balqis, 2011).

Caring is a universal phenomenon that affects the way people think, feel, and have relationships with others. Caring is specific and depends on the nurse-client relationship. Caring also

facilitates the nurse's ability to recognize clients, make nurses know and implement solutions. Caring is not something that can be taught, but is the result of culture, values, experiences and relationships with other people. Nursing attitudes related to caring are presence, touch of affection, listening, understanding clients, spiritual caring, and family care (Perry & Potter, 2012).

Nurse caring behavior can be done in meeting the spiritual needs of patients. Spiritual needs are basic needs needed by every human being. Spiritual guidance services for patients are increasingly being recognized as having an effective role and benefits for healing. Even in the hands of professional hospital nurses, spiritual care, especially spiritual guidance, contributes to the patient's healing process by 20-25% (Purwanto, 2011).

Religious therapy is given in the form of guidance on the concept of health and the concept of illness from a religious point of view, guidance for dhikr and prayer, with the correct religion, life becomes more sincere or surrender to everything given by God, resulting in a process of homeostasis (balance ). All protectors in the human body work in obedience to worship, get closer to God Almighty and are good at being grateful so as to create an atmosphere of balance from the neurotransmitters in the brain (Sholeh, 2014).

According to Sambudi, (2010), the patient is in a terminal state, the nurse facilitates to fulfill the patient's spiritual needs, for example by asking who wants to be brought to meet with clients and discuss with their families. Exploring the client's feelings regarding the pain. Maintain the appearance of the client during visits by giving or helping clients to clean and tidy up. Help meet spiritual needs, for example by asking clients about their life expectancy and plans for the next client before death. Ask clients to bring in religious leaders in matters to meet spiritual needs.

If spiritual needs are not fulfilled, the patient cannot overcome his health problems and prevent new health problems, even slowing the patient's healing process. The application of nursing care in fulfilling the spiritual needs given aims to make clients feel balanced and have a spirit of life so that clients can achieve peace of mind, stability, serenity in worship, decrease anxiety and recovery (Potter & Perry, 2014).

The impact of not fulfilling spiritual needs is spiritual distress and a person may be much more susceptible to depression, stress, anxiety, loss of self-confidence, and loss of motivation. If supported by physical conditions such as disturbed appetite, difficulty sleeping, and increased blood pressure, this condition if it occurs continuously can result in despair and there are signs such as crying, anxiety, anger and even suicide (Craven & Hirnle, 2012).

According to research by Mahmoodisan (2010), several hospitals abroad have carried out spiritual care, conducted research in three hospitals in Gorgan, Iran, on 20 nurses, from the results of this study, it was found that nurses had a positive attitude towards spiritual care. with the research of Wong et al (2014), of 429 nurses in Hong Kong hospitals, 91% of nurses showed a satisfying understanding of spiritual care.

Syafira Hospital Pekanbaru is one of the referral hospitals in Riau Province, with 211 nurses in the room. Based on the initial survey conducted by the author in the inpatient room with interviews with 2 nurses and they stated that they always apply caring behavior to patients in both compositis (conscious) conditions and in terminal conditions, and interviews with 5 patients in the inpatient room Information was obtained, including 2 people who were asked by the nurse to pray for the patient's recovery and 1 other person was asked to make dhikr by the nurse in enduring pain. In addition, there is also an inadequate room for patients to perform worship, especially for Muslim patients, there is no Qibla direction for praying for patients who are able to mobilize.

Based on the above phenomena, researchers are interested in conducting a study entitled The Relationship between Nurse Caring Behavior and Spiritual Needs Fulfillment of Inpatients at Syafira Hospital Pekanbaru, Riau Province in 2020.

## **2.METHOD**

This type of research is quantitative with cross sectional design. The population was inpatients and a sample of 150 people, taking the sample by means of propoive sampling. The

research instrument was a questionnaire sheet. The data was processed by editing, coding, scoring and tabulating. By using the SPSS system. Data analysis using univariate and bivariate.

### 3.RESULT

#### Univariat Analysis

##### 1. Carring behavior

No	Nurse Caring Behavior	f	%
1	Good	73	48,7
2	Less	77	51,3
	<b>Total</b>	150	100

Based on the table above, it is known that of the 150 respondents the majority in the category of nurse caring behavior is lacking, namely 51.3%.

##### 2. Fulfillment of Patient Spiritual Needs

No	Fulfillment of Spiritual Needs	f	%
1	Good	81	54,0
2	Less	69	46,0
	<b>Total</b>	150	100

Based on the table above, it is known that of the 150 respondents the majority are in the category of meeting the spiritual needs of patients who are good at 54.0%.

## Bivariat Analysis

### 1. The Relationship between Nurse Caring Behavior and Spiritual Needs Fulfillment of Inpatients at Syafira Hospital Pekanbaru, Riau Province in 2020

Nurse Caring Behaviour	Fulfillment of the Patient's Spiritual Needs			(%)	n	%	p Value	POR (95%) CI
	Good n	(%)	Less n					
Good	50	68,5	23	31,5	73	100	0,001	3,226 (1,648 - 6,315)
Less	31	40,3	46	59,7	77	100		
<b>Total</b>	81	54,0	69	46,0	150	100		

Based on the table above, it shows that of the 150 respondents the caring behavior of nurses is good with meeting the spiritual needs of the patient well higher than the fulfillment of the spiritual needs of the patient is less (68.5%: 37.5%). While the caring behavior of nurses is less with the fulfillment of the patient's spiritual needs more or less higher than the fulfillment of the patient's spiritual needs well (59.7%: 10.3%) Chi square test results obtained p value = 0.001 <0.05, this means that there is a relationship between the caring behavior of nurses and the spiritual needs of inpatients class III at Syafira Hospital Pekanbaru. Analysis of the closeness of the relationship between the two variables obtained the value of Prevalence Odds Ratio (POR) = 3.226 (1,648-6,315), which means that patients who state nurse caring behavior are less, 3 times the risk of not getting spiritual needs met by nurses.

## 3.DISCUSSION

Based on the results of the chi square test, it was found that pvalue = 0.001 <0.05, this means that there is a relationship between the caring behavior of nurses and the fulfillment of the spiritual needs of class III inpatients at Syafira Hospital Pekanbaru. This is in line with the research of Purwaningsih (2011), which reports that there is a relationship between the caring behavior of nurses and the fulfillment of the spiritual needs of inpatients at Kaliwates Hospital PT. According to research by Ardina (2015), reports that there is an influence between nurses' caring behavior and meeting the spiritual needs of inpatients.

Caring of nurses can affect the spiritual needs of inpatients. This is because spiritual needs are the basic needs needed by every human being. Nurses who provide spiritual guidance to patients are increasingly recognized as having an effective role and benefit for healing. Even in the hands of professional hospital nurses, spiritual care, especially spiritual guidance, contributes to the patient's healing process (Purwanto, 2011).

Based on the explanation above, the researchers assume that respondents who have less caring behavior by nurses will affect their spiritual needs. The lack of caring behavior of nurses is due to the fact that many nurses are new to work and inexperienced, so this condition makes nurses not optimal in providing caring to patients. In addition, there are some respondents whose spiritual needs are not fulfilled, so they will not be able to overcome their health problems so this can slow down the healing process of these patients. Therefore, nurses are expected to be able to apply nursing care in fulfilling the spiritual needs given in order for clients to feel balanced and have a zest for life so that clients can achieve peace of mind, stability, serenity of worship, decreased anxiety and healing.

#### **4.CONCLUSION**

For the caring behavior variable, it was found that the majority of respondents were in the caring behavior category which was lacking, namely 77 people (51.3%) and in the good caring behavior category, namely 73 people (48.7%). For the patient's spiritual needs variable, it was found that the majority of respondents were in the category of meeting the spiritual needs of the patient which was good, namely 81 people (54.0%) and in the category of fulfilling the spiritual needs of patients who were lacking, namely 69 people (46.0%). There is a relationship between the caring behavior of nurses and the spiritual needs of inpatients at Syafira Hospital Pekanbaru, with a p-value = 0.001 <0.05.

#### **Suggestion**

It is hoped that the STIKes Al Insyirah Pekanbaru educational institution can add teaching materials to support lectures, especially regarding caring for nurses and fulfilling spiritual needs.

It is hoped that Syafira Hospital can improve training for nurses in the hospital, especially in applying caring to increase the spiritual needs of patients.

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